

Rehabilitation Technician

Location:

18665 Conference Center Dr, Leesburg, VA 20176

Company:

The Arc of Loudoun

Pay: From \$19.23 per hour

Job description:

We're looking for a Physical Therapy Technician to join our growing team! This is a great entry-level opportunity for someone who is passionate about fitness, loves helping others, and thrives in a people-oriented, fast-paced setting.

As a PT Tech, you'll support our licensed physical therapists and help create a positive experience for patients. No prior experience or certifications are required — just a strong work ethic, a love for movement, and a genuinely upbeat attitude.

Program Information: Ability Fitness Center is a therapeutic fitness and wellness center for individuals with disabilities. Our expert clinicians and specialized equipment allow access to innovative, customized, and activity-based interventions that increase functional ability for individuals with spinal cord injuries, brain injuries, stroke, Multiple Sclerosis, Parkinson's disease, cerebral palsy, balance disorders, developmental disabilities, and other neurologic conditions.

Full Time: Mon-Fri

Job Responsibilities

- Greet and engage with patients, making them feel comfortable and supported.
- Assist patients with therapeutic exercises and mobility activities under the direct supervision of licensed physical therapists.
- Play an active role in delivering effective therapy sessions by supporting all aspects of therapeutic exercise programs.
- Prepare treatment areas by setting up equipment before sessions and promptly cleaning and resetting after use.
- Responsible for maintaining cleanliness of all equipment and treatment areas, including sanitizing all surfaces.
- Help therapists stay organized by assisting with documentation, monitoring patient progress, and ensuring a smooth flow throughout the clinic day.

- Safely lift, reposition, or transfer patients as needed — physical strength and stamina are essential in this role.
- Bring your personality! Be an energetic, friendly presence who connects easily with patients — chatting, joking, and making therapy something they look forward to.

Required Qualifications (Essential Experience /Knowledge, Skills & Abilities)

- High school diploma or equivalent.
- Strong interest in physical fitness, movement, or a future career in healthcare or physical therapy.
- Friendly, outgoing personality with excellent communication and interpersonal skills.
- Comfortable working with people of all ages, including children and individuals with physical or behavioral challenges.
- Ability to follow detailed instructions and learn new tasks quickly.
- Reliable, punctual, and able to manage responsibilities in a fast-paced, team-oriented environment.
- Passion for helping others and creating a positive, supportive experience for every patient.

Education Requirements

- High School diploma or GED (required)
- No prior physical therapy experience necessary – we provide hands-on training!

Professional Development and Training

- Completion of on-the-job training and onboarding specific to our clinic and therapy programs.
- Ongoing supervision, coaching, and skill-building from licensed physical therapists.
- Participation in team meetings, training sessions, and development opportunities as assigned.
- Encouraged to explore future education and certification paths in physical therapy or healthcare, if desired.

Benefits

- Full employee covered health and dental insurance, optional vision plan
- Employer paid Life/AD&D, short- and long-term disability insurance
- Flexible spending accounts with employer contribution to healthcare FSA
- Employee sponsored 401k plan with match
- Accrued PTO along with paid holidays

Job Type: Full-time

Work Location: In person

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The Physical Therapy Technician at Ability Fitness Center supports therapists in delivering specialized therapeutic and wellness services for individuals with neurological, adaptive, or mobility challenges. This role involves assisting with neuro-rehabilitation programs, adaptive exercise sessions, and therapeutic activities designed to enhance functional independence, balance, strength, and overall quality of life.

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