

## Job Description

**Job Title:** Physical Therapy Technician

**Reports to:** Director of Ability Fitness Center

**Type:** Full time Mon-Fri

**Program Information:** Ability Fitness Center is a therapeutic fitness and wellness center for individuals with disabilities. Our expert clinicians and specialized equipment allow access to innovative, customized, and activity-based interventions that increase functional ability for individuals with spinal cord injuries, brain injuries, stroke, Multiple Sclerosis, Parkinson's disease, cerebral palsy, balance disorders, developmental disabilities, and other neurologic conditions.

**Summary:** We're looking for a Physical Therapy Technician to join our growing team! This is a great entry-level opportunity for someone who is passionate about fitness, loves helping others, and thrives in a people-oriented, fast-paced setting. As a PT Tech, you'll support our licensed physical therapists and help create a positive experience for patients. No prior experience or certifications are required — just a strong work ethic, a love for movement, and a genuinely upbeat attitude.

## Job Responsibilities

- Greet and engage with patients, making them feel comfortable and supported.
- Assist patients with therapeutic exercises and mobility activities under the direct supervision of licensed physical therapists.
- Play an active role in delivering effective therapy sessions by supporting all aspects of therapeutic exercise programs.
- Prepare treatment areas by setting up equipment before sessions and promptly cleaning and resetting after use.
- Responsible for maintaining cleanliness of all equipment and treatment areas, including sanitizing all surfaces.
- Help therapists stay organized by assisting with documentation, monitoring patient progress, and ensuring a smooth flow throughout the clinic day.
- Safely lift, reposition, or transfer patients as needed — physical strength and stamina are essential in this role.

Bring your personality! Be an energetic, friendly presence who connects easily with patients — chatting, joking, and making therapy something they look forward to.

### **Required Qualifications (Essential Experience /Knowledge, Skills & Abilities)**

- High school diploma or equivalent.
- Strong interest in physical fitness, movement, or a future career in healthcare or physical therapy.
- Friendly, outgoing personality with excellent communication and interpersonal skills.
- Comfortable working with people of all ages, including children and individuals with physical or behavioral challenges.
- Ability to follow detailed instructions and learn new tasks quickly.
- Reliable, punctual, and able to manage responsibilities in a fast-paced, team-oriented environment.
- Passion for helping others and creating a positive, supportive experience for every patient.

### **Education Requirements**

- High School diploma or GED (required)
- No prior physical therapy experience necessary – we provide hands-on training!

### **Professional Development and Training**

- Completion of Ability Fitness Center-specific onboarding and training.
- Completion of on-the-job training and onboarding specific to our clinic and therapy programs.
- Ongoing supervision, coaching, and skill-building from licensed physical therapists.
- Participation in team meetings, training sessions, and development opportunities as assigned.
- Encouraged to explore future education and certification paths in physical therapy or healthcare, if desired.

## Physical Requirements

- Standing and walking for extended periods
- Ability to transfer pediatric clients from wheelchairs to mats/equipment
- Frequent position changes (sitting/standing/walking)
- Ability to bend, reach, and lift objects as needed

## Benefits (30 hours/week eligible)

- Full employee covered health and dental insurance, optional vision plan
- Employer paid Life/AD&D, short- and long-term disability insurance
- Flexible spending accounts with employer contribution to healthcare FSA
- Employee sponsored 401k plan with match
- Accrued PTO along with paid holidays

## Work Environment

The Arc of Loudoun is committed to fostering a positive and productive work environment built on mutual respect, trust, and cooperation. Our employees are our most valuable asset, embodying a wealth of diverse skills, experiences, and talents that drive our culture, reputation, and success. We embrace and encourage our employees' differences in age, color, disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, veteran status, and other characteristics that make our employees unique.

The Arc of Loudoun strictly prohibits any form of unlawful employee discrimination, harassment, or bullying.

## Employee Acknowledgement

This job description is not designed to cover or contain a comprehensive listing of activities, duties, tasks, or responsibilities that are required of the employee. Duties, responsibilities, tasks, and activities may change, or new ones may be assigned, at any time with or without notice.

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Employee Signature

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Date